



Healthcare Alternative Systems, Inc.
FY2021 Annual Report

www.hascare.org



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LEADERSHIP STATEMENT

Dear Friends of H.A.S.,

Last year was a year of resilience.

Our hopes for an end to the pandemic were dashed, and the stresses and strains on our health care system that we thought were only temporary became a new normal. Hospitals, physicians' offices, immediate care facilities, and community-based counseling and treatment centers like H.A.S. were all put to the test to meet the unprecedented need for care.

We couldn't be more proud of the way our team responded. Each and every day, they demonstrated remarkable commitment, creativity, adaptability, and *resilience*. The community needed H.A.S. more than ever last year and -- in the face of countless challenges and pandemic-related distractions -- our team **helped more people in 2021 than ever before**.

This achievement also could not have been possible without the relentless commitment everyone made to staff and client safety. In addition to abiding by state mandates, H.A.S. developed and followed additional internal standards for telehealth and in-person services alike. The agency was not only able to provide clients with essential services, but also reassure their concerns for overall health and safety.

Our staff remained steadfast and committed to clients while also offering encouragement and support to colleagues. Each department understood the importance of accommodations and patience during times of uncertainty and frustration, diligently working towards solutions. This allowed our people and programs to continue supporting individuals and families in rebuilding their lives through treatment and recovery.

Our supporters also responded to the intense impact that this pandemic continues to have on our communities by redoubling their commitment to our organization and the services we provide in and around Chicago. Without them, our ambitious vision for implementing sustainable behavioral health programs that benefit all of society would ring hollow.

We are brimming with pride for our participants and their hard work last year. The adversities they face and continue to overcome are inspiring. It is our hope to continue providing support services that assist individuals in navigating treatment and recovery, developing lifelong skills, improving their quality of life, and helping them to see how *resilient* they really are.

As always, thank you for your continued support.

Sincerely,

Marco E. Jacome, Chief Executive Officer

Ed Stritch, Board President

Healthcare Alternative Systems, Inc. (H.A.S.) provides a continuum of multicultural and bilingual (English/Spanish) behavioral care and social services that empower individuals, families, and communities.

MISSION STATEMENT

VISION STATEMENT

Healthcare Alternative Systems, Inc. (H.A.S.) seeks to implement sustainable programs that benefit society by improving the well-being and recovery efforts of those individuals, families, and communities impacted by behavioral health problems.

THE COMMUNITY PROBLEM

Substance use, mental illness, and domestic violence reached alarming new levels in the wake of the pandemic.

The road to recovery is rarely short or easy. It is riddled with bumps, setbacks, twists and turns, which can lead to hopelessness and despair. That's why connection is so important – connection to trusted people who can help, give support during times of weakness and guide the path ahead.

But last year, far too many who needed care were unable to make or keep the connections they dearly needed. Instead, isolation set in.

While we may never fully understand the true impact of this isolation combined with an over-stressed health care system, the early reports are tragic indicators:

Last year...

- For the first time, more than 100,000 Americans died of drug overdose in a single year. Overdose deaths have more than doubled since 2015.
- The Illinois Domestic Violence Hotline received 16% more calls and 25x more text messages for help.
- Americans suffered from depression and anxiety at rates six times higher than in 2019.

But there was some good news.

H.A.S. served more people than ever before, making and strengthening critical connections with our clients through our comprehensive services and expert care providers. In the face of pandemic adversity, social distancing, and an overstressed healthcare system, hundreds of Chicagoans across our most vulnerable communities were empowered by H.A.S. to eschew the pitfalls of hopelessness and despair, and reach a life of recovery, stability, and independence.



Last year was challenging for most of us. It was devastating for those who couldn't get the help they needed.

OUR MODEL

For nearly 50 years, we have expanded and refined a holistic continuum of behavioral health care that establishes a continuous connection of support and empowerment for individuals and their families alike.



Counseling

Mental Health Therapists, The Living Room Program (a mental health alternative to an emergency room), ¡Basta! Program (domestic violence program)

Treatment

Outpatient Treatment, Intensive Treatment, Medication Assisted Recovery, Transitional Housing Program, Residential Program, Substance Abuse Treatment and Prevention

Support

Peer-to-Peer Support, Community Support teams, Community Health Workers, Trauma Informed Care

“Last year was challenging, but my H.A.S. counselor gave me the support and encouragement I need to get through it. She was there with me every step of the way.”

– H.A.S. participant

PROGRAMS

H.A.S. provides a wide range of social services in a caring, supportive, culturally competent environment.

Outpatient/Intensive Outpatient Substance Use Treatment: Staff and participants collaborate to develop individualized recovery plans, and participants learn about the disease process of substance use disorders; understand and accept their own substance misuse; and explore healthy lifestyles. Included with these services is aftercare treatment, a type of continued treatment designed to prevent relapse and expand on coping strategies. It recognizes that addiction does not stop when treatment ends and helps ensure our participants have the long-term resources needed to maintain recovery.

¡Basta! (Domestic Violence): ¡Basta! provides free, bilingual services to survivors of domestic violence. The program offers crisis intervention, counseling, case management, and legal advocacy support to women and their children, giving them the resources they need for safe, self-directed lives.

Partner Abuse Intervention and Anger Management: A complement to ¡Basta!, these programs are committed to eliminating and preventing violence between intimate partners. Much of these programs focus on establishing healthy relationships between partners and within family units.

Youth Services: H.A.S. staff work with at-risk youth and meet with young people at convenient locations in the community, offering services and supports designed to decrease violence and increase healthy coping skills. Additionally, we provide outpatient and intensive outpatient substance use treatments programs tailored specifically for young people.



PROGRAMS



Residential Supports: H.A.S. Men's Residential Treatment Program is a 28-day housing program that gives individuals structured, supportive living environments. Each resident has access to group, individual, and family therapy as well as life skills education. Our Transitional Housing Program (THP) serves homeless, bilingual adult males seeking long-term recovery. In addition to housing, THP residents have access to counseling and substance use treatment as well as a variety of social service supports designed to reintegrate them into the community.

Medication Assisted Recovery (MAR): The MAR program is designed to help individuals overcome opioid addiction by offering medication that eases withdrawal symptoms and cravings. In combination with counseling and other supports, MAR is an effective recovery tool that helps individuals reclaim their lives.

The Living Room at Broadview: Launched in September 2018, The Living Room, a partnership with NAMI Metro Suburban, is an innovative mental health care model designed to support individuals experiencing increased mental health symptoms. Rather than going to an emergency room, individuals can visit The Living Room where they will have access to a comfortable, calming environment, and both clinical and peer support.

The Living Room at Fullerton: The Living Room at Fullerton is a safe, calming alternative to the emergency room when someone is experiencing emotional stress – whether they're feeling scared, angry, anxious, sad, or they just need someone to talk to. Once a visitor enters The Living Room, they will have access to a master's level clinician and a trained Certified Recovery Support Specialist – an individual who has lived experience with mental illness and/or substance use disorders and uses that experience to help others through the recovery process.

Community Support Team (CST): CST is a multidisciplinary team that provides community-based mental health services. The CST offers treatment, outreach, and support to people with mental health symptoms who may require more intensive support than traditional outpatient therapy. CST participants have access to support from the entire multidisciplinary team, including a peer support specialist and clinicians with expertise in substance use, medication management, mental health recovery, housing, and employment support.

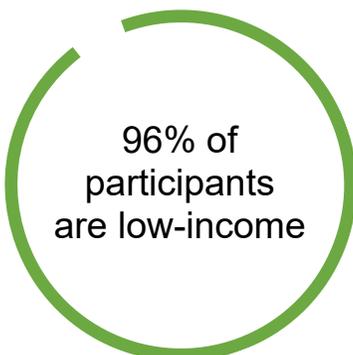
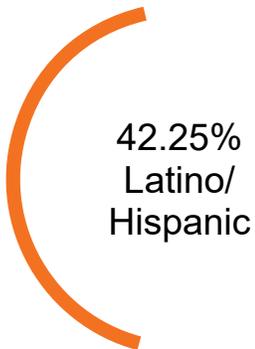
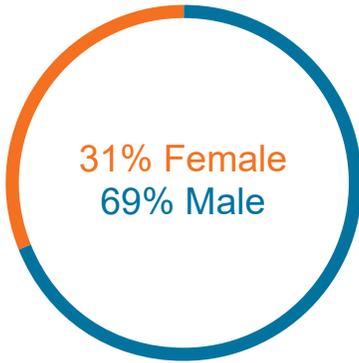
Community Health Workers (CHW): Community Health Workers are focused in advocacy and connecting individuals to social services or other community organizations. CHWs support individuals while they learn to move from sole reliance or temporary supportive relationships with health care professionals to permanent natural supportive relationships in the community.



of lives touched by H.A.S.:
Over 7,800



Substance abuse treatment to
nearly 4,900 participants



OUR IMPACT



Substance Use Program Success Story

Francisco is now a confident leader and a full-time mechanic.

Francisco* is an exemplary participant of HAS with a journey that has deeply inspired our team and his peers alike. He came to us from a psychiatric ward with a severe cocaine problem and an attempted suicide. Francisco’s recovery started in our residential treatment program and moved to our longer-term transitional housing program (THP) where he completed both levels of outpatient and intensive outpatient treatment for substance use.

He quickly became a leader in the house through his encouragement and example—even accompanying other participants to self-help groups on the weekends. Francisco was a mechanic by trade, and he took a job at an auto shop near our facility. His full-time employment has helped him rebuild his life, enabling him to obtain his driver’s license, pay overdue parking tickets and find permanent housing. He also helped three of the other THP participants find jobs in the same auto shop—they are being paid as they learn how to work on cars. Francisco encourages other participants to have a trade, so they can support themselves when they graduate from the program.

*Names have been changed.

“The pandemic left a lot of people alone, but not me. The treatment program at H.A.S. probably saved my life last year.”

– H.A.S. substance use treatment resident

30% of
our DV
participants
have no
financial
resources.

¡Basta! (Domestic Violence) Success Story

Lidia is safe, self-sufficient and reconnected with her children.

Lidia* came to HAS at the beginning of 2021 after fleeing North Carolina. She was referred to us by her friend who was familiar with ¡Basta! our program that supports victims of domestic violence. Her priority was to obtain an order of protection as she didn't know how the process would work across state lines.

Our team helped to secure an order for 3 years before helping her with rental assistance, housing and basic case management to receive clothes and personal hygiene supplies. ¡Basta! staff also found Lidia a pro bono immigration attorney to start on her case and help her receive a work authorization permit.

Lidia is learning to speak English and is now completely on her own. She has two kids in Guatemala who were included in her immigration process, so they can visit her. Her husband is responsible for initiating the divorce process which has alleviated a great deal of stress for her.

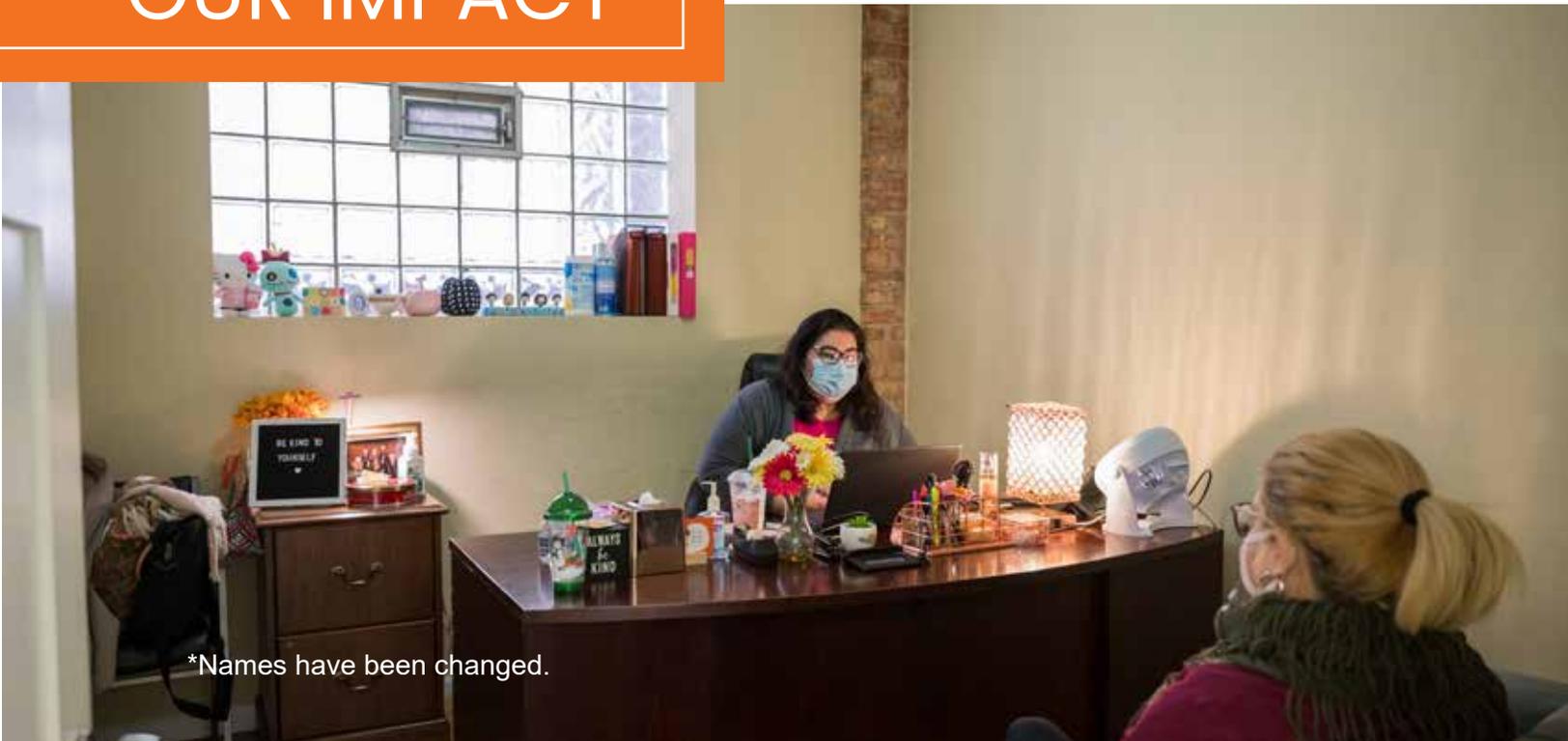
Living Room Program Success Story

Anna is rewriting her narrative.

Anna* was referred to our ¡Basta! and Mental Health (The Living Room) programs for support. Anna came to the Living Room during a time of emotional stress and a dangerous relationship. Since her initial visit, our team has helped Anna develop coping skills, set boundaries, improve her self-esteem, and recognize her self-worth.

Anna knows the importance of continuing her treatment and is connected to an individual mental health therapist at H.A.S. She is also using H.A.S. resources to help her have sustainable progress. Anna uses writing and art to help her express the trauma she overcame and is currently writing pieces of her memoir, which she hopes to self-publish in the future.

OUR IMPACT



*Names have been changed.



STAFF HIGHLIGHT

Individuals with lived-experience bring a unique perspective to the field of treatment and recovery. Their first-hand knowledge of facing and overcoming adversity has helped them develop resilience and hope for change. Compassion, empathy, and encouragement are at the forefront of their practice. Jose is a prime example of what it looks like to use one's own recovery journey to impact the lives of others. He looks beyond the face of an individual without judgment, meeting them where they are and helping them become who they want to be.

His lived experience drives the passion and commitment he brings to his role everyday as Program Manager of the Residential Treatment Program and the Transitional Housing Program (THP).

Jose faced many obstacles throughout adolescence, including the passing of his mother. He found himself isolated with no support. An unhealthy lifestyle eventually led to him serving time at the Sheridan Correctional Center. During this time, his father encouraged him to straighten up his life and start making better decisions for himself. It was there where Jose first learned of H.A.S. recovery programs and planned to enroll, but no spaces were available. He completed another program and worked toward becoming a Certified Alcohol Drug Counselor. Jose first came to H.A.S. as a recovery coach—which he claims saved his life.

"I relate to the participants and I understand what they feel," states Jose.

STAFF HIGHLIGHT



Pictured is Jud from Illinois Association for Behavioral Health handing Jose a scholarship certificate.

Jose ensures that the Transitional Housing Program participants receive all the tools and skills they need to sustain their recovery. Jose and the THP staff work hard to provide a safe, comfortable, and motivating atmosphere for participants to feel support throughout their recovery journey. Jose's ability to connect with the participants eventually led him to be promoted to Program Manager of THP and the Residential Treatment Program.

"I really appreciate Jose and this house. It's a wonderful place. Since I've been here, I've enjoyed every day. I enjoy waking up. My mind is clear....," a former THP participant says.

Though in a managerial position, Jose considers himself an equal among his colleagues and participants. He views himself as a person who can do more for others. He is a leader. This work ethic is enhanced by his deep understanding of the needs of all participants.

Recently, Jose put together a soccer team of THP and Residence alums to motivate them to be healthy lifestyles and encourage positive social interaction. Jose and a friend of his, coach and sponsor the team which recently placed 3rd in a summer league. "[The soccer team] is for the guys. It's to make them more responsible and show them that we care."

LOCATIONS & SERVICES

HEADQUARTERS NORTH

2755 W. Armitage Ave.,
Chicago, IL 60647
Phone (773) 252-3100
Fax (773) 252-8945

- Adult Substance Abuse Treatment
- Youth Substance Use Treatment
- Case Management
- Harm Reduction including Naloxone Training
- Postpartum Depression Treatment
- Psychiatric Medication Management
- Anger Management
- Continuing Care
- Drug Testing
- DUI Services
- Partner Abuse Intervention Program (PAIP)
- Mental Health Therapy

NORTHWEST

5005 W. Fullerton Ave.,
Chicago, IL 60639
Phone (773) 745-7107
Fax (773) 745-9902

- Domestic Violence Program - ¡Basta!
- Postpartum Depression Program
- Mental Health Crisis Management - Living Room
- Mental Health Therapy
- Trauma-Informed Care

NORTHWEST - LIVING ROOM

5001 W. Fullerton Ave.,
Chicago, IL 60639
Phone (773) 235-5100
Fax (773) 692-1011

SOUTH

4534 S. Western Ave.,
Chicago, IL 60609
Phone (773) 254-5141
Fax (773) 254-5753

- Adult Substance Abuse Treatment
- Anger Management
- Case Management
- Community Support Team
- Continuing Care
- Domestic Violence Program - ¡Basta!
- Drug Testing
- DUI Services
- Mental Health Therapy
- Postpartum Depression Program
- Psychiatric Medication Treatment
- Trauma Informed Care
- Youth Prevention Program
- Youth Substance Abuse Treatment

ST. LEONARD'S MINISTRIES

(SLM referrals only)
2100 W. Warren Blvd.,
Chicago, IL 60612
Phone (312) 738-1414
Fax (312) 738-1417

- Adult Substance Abuse Treatment
- Counseling and Life Skills Training

WHEATON

373 S County Farm Rd.,
Wheaton, IL 60187
Phone (630) 344-0001
Fax (630) 344-0206

- Adult Substance Abuse Treatment
- Continuing Care
- Drug Testing
- DUI Services
- Mental Health Treatment
- Psychiatric Medication Management
- Telehealth Services
- Youth Substance Abuse Treatment

MILES SQUARE

1713 S. Ashland Ave.,
Chicago, IL 60608
Phone (773) 701-1717
Fax (773) 745-9902

- Adult Substance Abuse Treatment
- Drug Testing
- Youth Substance Abuse Treatment
- Mental Health Therapy

MELROSE PARK

1115 N. 23rd Ave.,
Melrose Park, IL 60160
Phone (708) 345-3632
Fax (844) 616-2536

- Adult Substance Abuse Treatment
- Continuing Care
- Drug Testing
- DUI Services
- Telehealth Services

MEDICATION ASSISTED RECOVERY

210 N. Ashland Ave.,
Chicago, IL 60607
Phone (312) 948-0200
Fax (312) 948-0600

- Case Management
- Individual & Group Treatment
- Medication Assisted Recovery
- Methadone & Naloxone
- Telehealth Services

BROADVIEW

1915-17 W Roosevelt Rd.,
Broadview, IL 60155
Phone (708) 498-0200
Fax (844) 616-2536

- Adult Substance Abuse Treatment
- Continuing Care
- Drug Testing
- DUI Services
- Postpartum Depression Program
- Psychiatric Medication Management
- Telehealth Services
- Youth Substance Abuse Treatment
- Mental Health Therapy
- Living Room

PARK RIDGE

2644 W. Dempster St. Suit 115,
Park Ridge, IL 60068
Phone (847) 824-1700
Fax (847) 886-1005

- DUI Services
- Adult Substance Abuse Treatment

MEN'S RESIDENTIAL TREATMENT

1949 N. Humboldt Blvd.,
Chicago, IL 60647
Phone (773) 252-2666
Fax (773) 252-0527

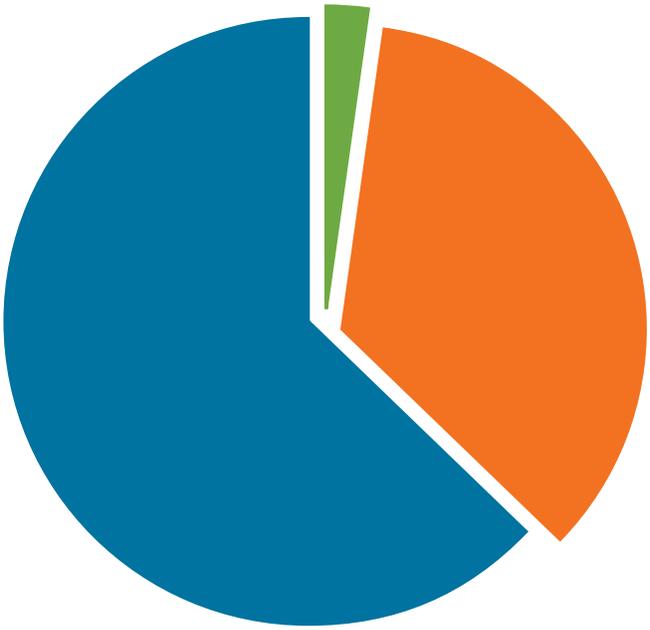
- Adult Substance Use Level III.5 Treatment
- Case Management
- Group Sessions
- Housing Support
- Individual & Family Counseling
- Naloxone
- Peer-led Groups
- Psychiatric Evaluations & Medication Management

MEN'S TRANSITIONAL HOUSING

1866 N. Milwaukee Ave.,
Chicago, IL 60647
Phone (773) 782-4734
Fax (773) 782-8160

- Case Management
- Employment Services
- Housing Support
- Housing Provided
- Life Skills Training(s)
- Naloxone
- Peer-led Groups
- Recovery Support

STATEMENT OF FINANCIAL POSITION



Revenue

Revenue Source	% of Income
Grants/Contracts	63%
Program Service Fees	35%
Interest Income & Other	2%



Expense Distribution

Expense Distribution	% Allocation
Program Services	81%
Administration	17%
Fundraising	2%

LEADERSHIP & EXECUTIVE STAFF

Board of Directors

Ed Stritch	Chairman of the Board
Sandra Maldonado	Vice Chairman
Adnan Assad	Past Chairman
Felix M. Gonzalez	Board Treasurer
Gladys Aguirre, RN	Board Secretary
Miguel Zuno, Jr.	Board Member
Rochelle Sims	Board Member
Juan Hernandez	Board Member
Antonio Lugo	Board Member
Steven Lombardo	Board Member
Amjed Hamdan	Board Member
Christina Drosos	Board Member
Marco E. Jacome	Board Member



Executive Staff

Marco E. Jacome	Chief Executive Officer
Millie Adan	Chief Operating Officer & Corporate Compliance Officer
Tom Hartmann	Vice President of Business & IT
Melissa Fentress	Vice President of Finance

OUR VALUED SUPPORTERS

\$100,000 +

Community Memorial Foundation
Health Communities Foundation

\$50,000 - \$99,999

Blue Cross Blue Shield

\$10,000 - \$49,999

Blowitz-Ridgeway Foundation
Centennial Medical Management
Chicago Community Trust / Healing Illinois
Community Trust
DuPage Foundation
The Prevention Partnership, Inc.
Rush University Medical Center

\$1,000 - \$9,999

360 Benefit /Richie Marrero
Amjed Hamdan
Blackbaud Giving Fund
Concord Group / Edward Stritch
Data Integrity Computer Systems, Inc. / Joseph Lee
Des Plaines Clinical Lab / Imran Qadeer
DuPage County
Framework / Deserae Williamson
First Midwest Bank / Adnan Assad
Health and Medicine Policy Research
Lopez & Co, CPA / Enrique Lopez
Novak Family Foundation
Paddy Homan
Philip S. Harper Foundation
Rx Abuse Leadership Initiative
Sullivan Roofing / Timothy Sullivan
Wintrust Financial Corporation / Antonio Guillen

CALL TO ACTION

Your generous support helps make lasting recovery possible.

Your gift helps ensure H.A.S. can continue providing comprehensive mental health and substance use treatment services to individuals regardless of their ability to pay. It will give an individual struggling with a substance use disorder a path to recovery; it will give a new mother struggling with postpartum depression the support she needs to care for herself and her family; it will give a survivor of domestic violence the chance for a safe, stable life; and, most importantly, it will give those we serve hope.

Ways to Give:



Online

You can make an online donation at hascares.org/donate



Mail

You can make your gift by mail. Please send to:
Healthcare Alternative Systems, Inc.
Attn: Development Department
2755 W. Armitage Avenue
Chicago, IL 60647



Phone

You can make a gift by calling (773) 252-3100

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[Healthcare Alternative Systems, Inc.](https://www.linkedin.com/company/Healthcare-Alternative-Systems-Inc)